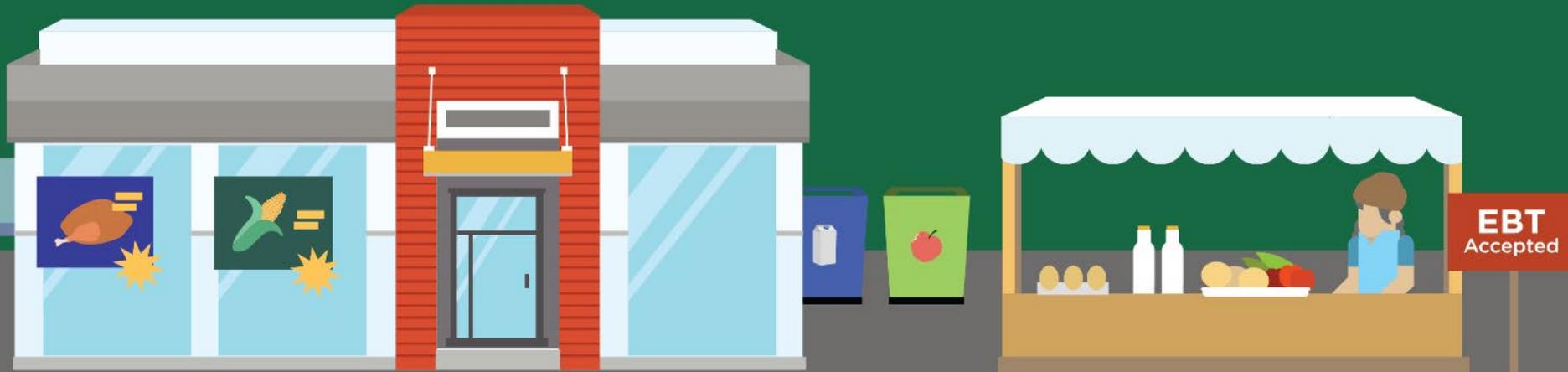


## Lesson 14

# The Hunger Gap



# Food Security Definition

Consistent access to enough safe, nutritious food for an active, healthy life, without resorting to emergency food programs, scavenging, or stealing.



Source: Andrews M, Nord M, Bickel G, Carlson S. *Household food security in the United States, 1999*. USDA ERS. 2000.

Photo credit: Michael Milli, CLF.

# Household Food Security

Members of food-insecure households may:

- Be forced to skip meals
- Be unable to afford balanced meals
- Worry their food will run out before they can afford to buy more
- Eat less than they feel they should because they lacked money to buy more
- Lose weight because there wasn't enough money for food

Source: Coleman-Jensen A, Nord M, Andrews M, Carlson S. *Household Food Security in the United States in 2010*. USDA ERS. 2011.

Photo credit: Michael Milli, CLF.



# Household Food Security

Almost one in seven U.S. households — over 17 million — suffer from food insecurity.



Source: Coleman-Jensen A, Gregory C, Singh A. *Household Food Security in the United States in 2013*. USDA ERS. 2014.

Photo credit: Michael Milli, CLF.



# Food Deserts

Areas with limited access to healthy food, often defined using these four criteria:

- Household income
- Distance from a supermarket
- Vehicle ownership
- Availability of healthy food in local stores

Source: Johns Hopkins Center for a Livable Future. The Maryland Food System Mapping Resource. 2012: Documentation.

<https://archive.data.jhu.edu/dataset.xhtml?persistentId=doi:10.7281/T1/QUDBC6>

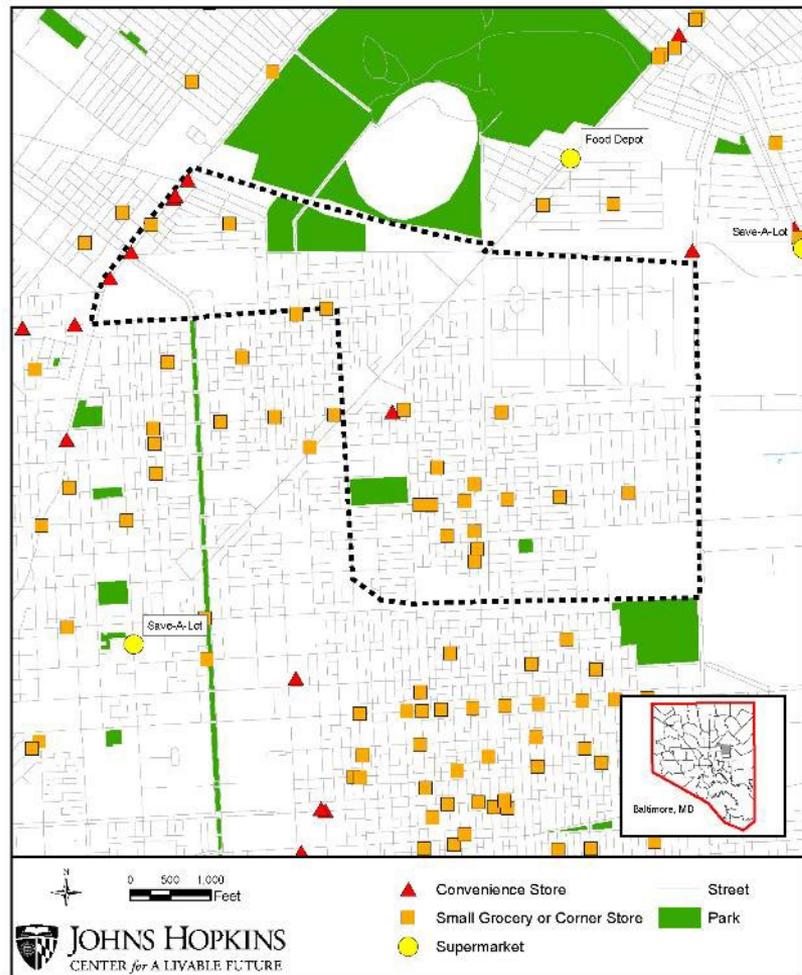
Photo credit: Spence Lean. Pigtown: All Things Baltimore, 2009.  
www.smartcitiesdive.com. Used with permission.

# Community Food Availability Map: Clifton Park

- Median household income: \$25,737
- Percent of households with no vehicles available: 44.2%

Image credit: Maryland Food System Map. Johns Hopkins Center for a Livable Future.  
<https://archive.data.jhu.edu/dataset.xhtml?persistentId=doi:10.7281/T1/QUDBC6>

Data source: Baltimore Neighborhood Indicators Alliance. Jacob France Institute.  
<http://bniajfi.org/>



# Community Food Availability Map: Southwest Baltimore

- Median household income: \$24,946
- Percent of households with no vehicles available: 52.8%

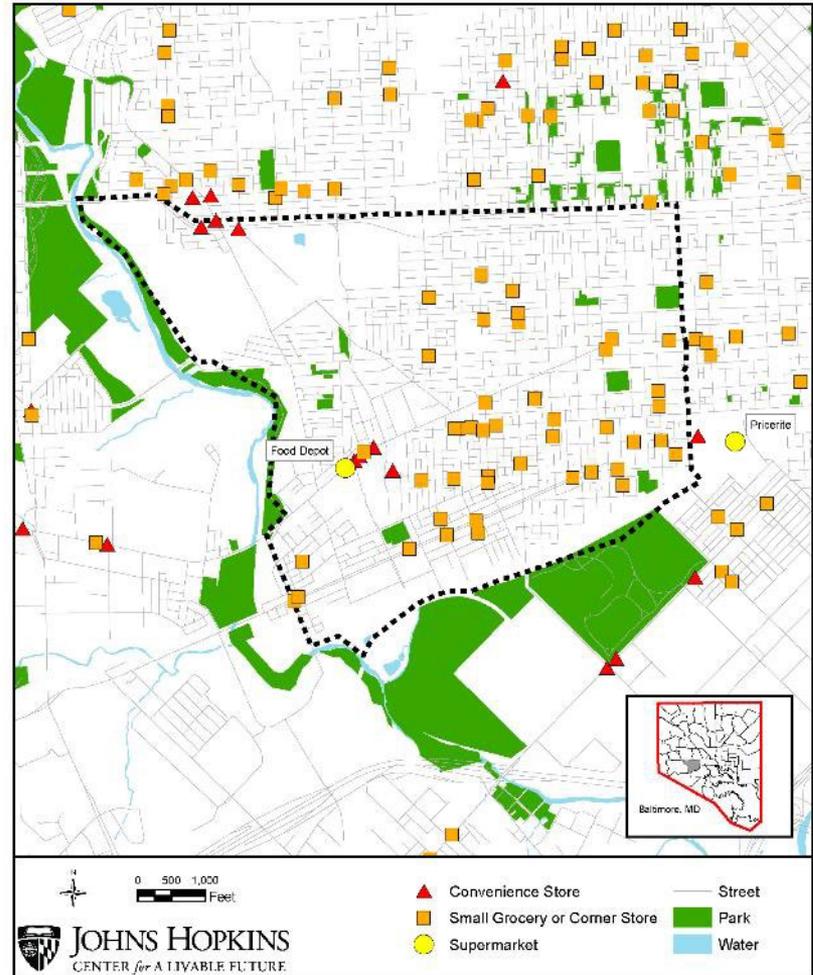


Image credit: Maryland Food System Map. Johns Hopkins Center for a Livable Future.  
<https://archive.data.jhu.edu/dataset.xhtml?persistentId=doi:10.7281/T1/QUDBC6>

Data source: Baltimore Neighborhood Indicators Alliance. Jacob France Institute.  
<http://bniajfi.org/>

# Community Food Availability Map: Roland Park

- Median household income: \$104,481
- Percent of households with no vehicles available: 4.4%

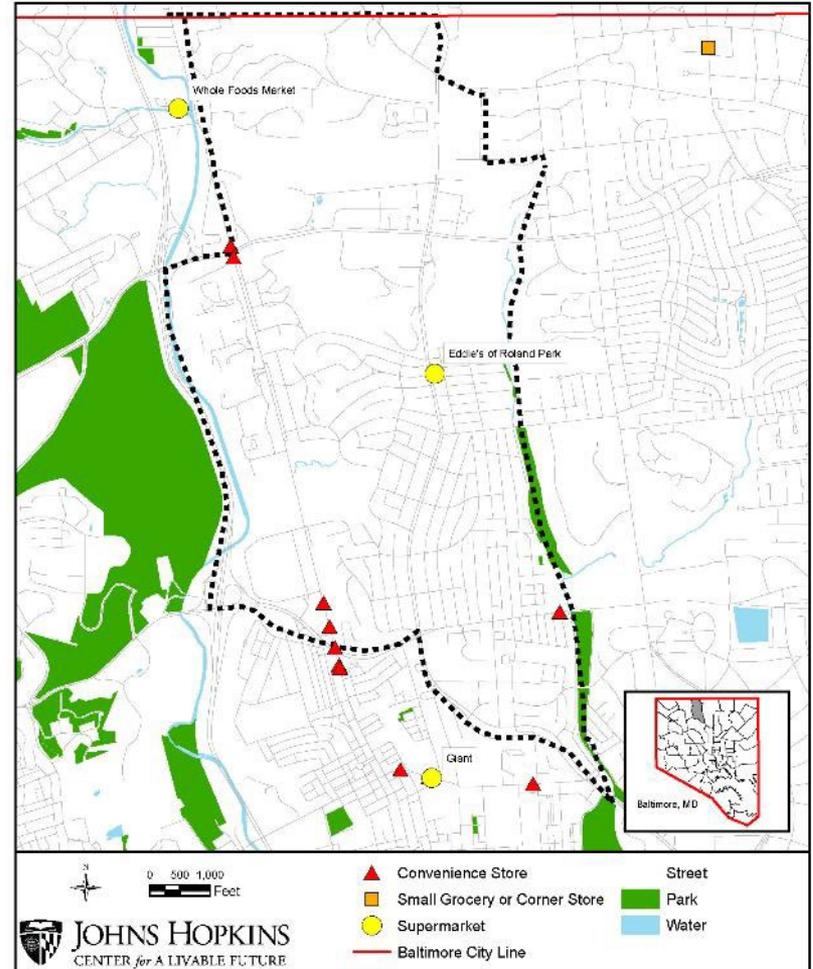
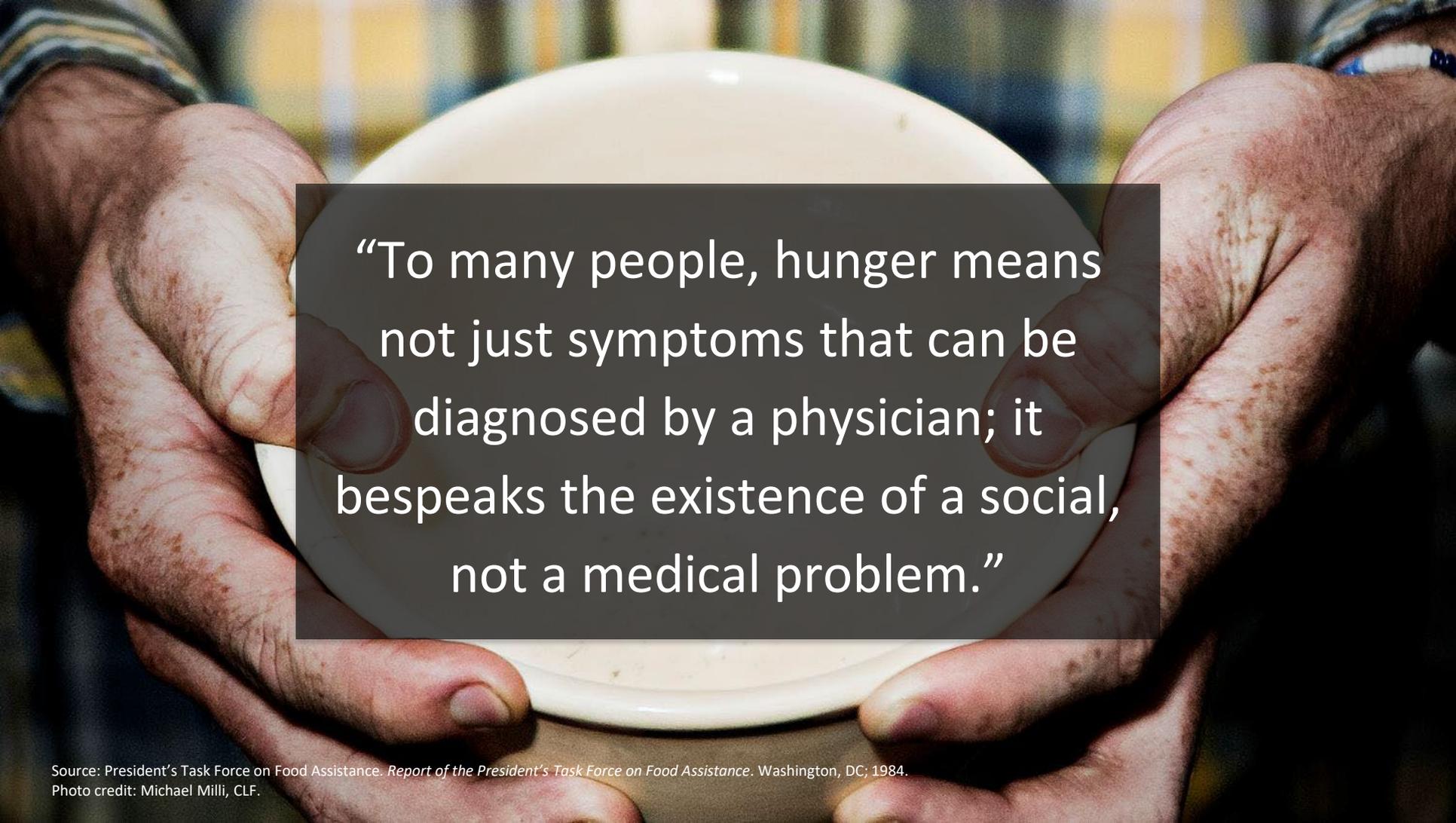


Image credit: Maryland Food System Map. Johns Hopkins Center for a Livable Future.  
<https://archive.data.jhu.edu/dataset.xhtml?persistentId=doi:10.7281/T1/QUDBC6>

Data source: Baltimore Neighborhood Indicators Alliance. Jacob France Institute.  
<http://bniajfi.org/>



“To many people, hunger means not just symptoms that can be diagnosed by a physician; it bespeaks the existence of a social, not a medical problem.”

Source: President's Task Force on Food Assistance. *Report of the President's Task Force on Food Assistance*. Washington, DC; 1984.

Photo credit: Michael Milli, CLF.